CorporateHealth
Erstklassige Medizin für Unternehmen



EUPD RESEARCH
TOP BRAND
CORPORATE HEALTH
2025
SINCE 2022

Health check-ups for your executives

Get certainty about the health status of your executives in just one day. Get your employees in top shape. Rely on many years of experience, professional excellence and the use of state-of-the-art medical technology. Benefit from our excellent price/performance ratio.

WE ARE HERE FOR YOU! Phone: +49 40 3691 4248

In 4 steps to the personal health reports of your executives

Following their check-up, participants receive an individual final report. This illustrates strengths and risks via graphics and provides concrete recommendations on how your executives can improve their health status.

1. Survey & Health Review
2. Medical diagnostics
3. Consultation by senior physician
4. Personal health report

Competently managed health centers

With modern diagnostics, our cooperating health centers meet the highest standards for company health check-ups: the cooperating medical directors are among the leading experts in preventive medicine in Germany.
Our 26 cooperating Health Centers are located in Hamburg, Hanover, Berlin, Leipzig, Eisenberg, Düsseldorf, Leverkusen, Cologne, Frankfurt, Heidelberg, Stuttgart, Tübingen, Ravensburg, Erlangen, Regensburg and Munich.







Our prevention programs

Health check-ups at our nationwide cooperating centers

COMPREHENSIVE

Duration: 3-4 hours

- Detailed preliminary mental and physical anamnesis
- Medical anamnesis including a comprehensive internal and orthopedic examination
- Comprehensive laboratory analysis
- Anthropometric examination to evaluate body composition
- Basic vision & hearing test
- Blood pressure & resting pulse measurement
- Resting & stress ECG
- Spirometry to evaluate lung function
- Heart rate variability measurement to evaluate the heart's ability to adapt to stress
- Measurement of pulse wave velocity to assess vascular stiffness & vascular aging
- Determination of ABI to assess cardiovascular risk
- Ultrasound
  - of abdominal organs
  - of the heart
  - of the vessels supplying the brain
  - Thyroid gland
- Final medical consultation including comprehensive advice on nutrition, exercise and stress management
- Comprehensive personal health report

MEDIUM

Duration: 2-3 hours

- Detailed preliminary mental and physical anamnesis
- Medical anamnesis including a comprehensive internal and orthopedic examination
- Laboratory analysis medium
- Anthropometric examination to evaluate body composition
- Blood pressure & resting pulse measurement
- Resting & stress ECG
- Heart rate variability measurement to evaluate the heart's ability to adapt to stress
- Spirometry to evaluate lung function
- Ultrasound
  - of the heart
  - of the vessels supplying the brain
  - of the thyroid gland
- Final medical consultation including comprehensive advice on nutrition, exercise and stress management
- Comprehensive personal health report

BASIC

Duration: 1-2 hours

- Detailed preliminary mental and physical anamnesis
- Medical anamnesis interview including a comprehensive internal and orthopedic examination
- Anthropometric examination to evaluate the body composition
- Basic laboratory analysis
- Blood pressure & resting pulse measurement
- Resting ECG
- Measurement of heart rate variability to evaluate the heart's ability to adapt to stress
- Spirometry to evaluate lung function
- Final medical consultation including advice on nutrition, exercise and stress management
- Comprehensive personal health report

SPORT Check-up

Duration: 3-4 hours

The Sport Check-up Program is designed in particular for executives with an affinity for sports. It includes an analysis of the basic health risk as well as various sports- and performance-related examinations.

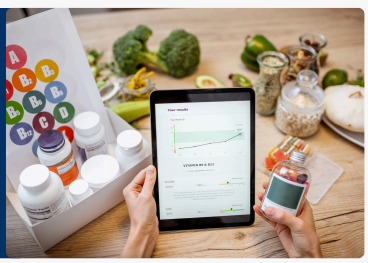
>> on request in selected centers (see map below)

Optional additional services

ONLINE COACHING

NUTRITIONAL COUNSELING

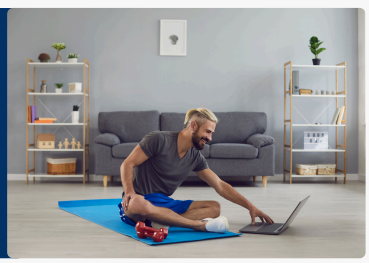
1



- Analysis of the current nutritional behavior
- Inspiration and guidance to integrate new, healthy eating habits into one's own life that fit one's lifestyle
- Development of individual nutrition systems

FITNESS / PERSONAL TRAINING

2



- Eliminate lack of exercise to minimize risk of disease
- Simple but very effective exercises
- Easy to implement in everyday work
- Regaining physical abilities after an injury, surgery or illness

STRESS / MENTAL COACHING

3



- Identifying personal sources of stress
- By becoming aware of previous reactions in stressful situations, alternative strategies and resources for dealing with stress are developed and optimized
- Strategies to gain "time for oneself" and to come to rest
- Relaxation methods

Advantages at a glance

FOR THE EXECUTIVE

- **Comprehensive health check-up in just one day**
- **26 excellent health centers nationwide**
- **Best medical care and advice**
- **Precise recommendations for action to improve your own health**
- **Access to the corphealth.io online portal with personal eHealth file**
- **Detailed health report**
- **Targeted, diagnosis-based support**

FOR THE COMPANY

- **Fully managed service**
- **Medical quality service from certified specialists**
- **Access to the nationwide network of centers of the German Society for Sports Medicine and Prevention**
- **Greater sense of appreciation and employee loyalty**
- **Increased efficiency of occupational health management**

Largest German competence network: Currently 26 locations with professorship-level physicians

The preventive medicine health centers offer you the best level of quality nationwide in terms of diagnostics, participant care and specialist consultation.

Hamburg
in collaboration with the University of Hamburg and CardioMed am Rothenbaum
Prof. Dr. Klaus-Michael Braumann, M.D.

Dusseldorf
in collaboration with the Düsseldorf Health Center
Dr. Peter Janssen, M.D.

Leverkusen
in collaboration with the specialized practice for preventive, sports, and nutritional medicine
Prof. Dr. med. Joachim Latsch

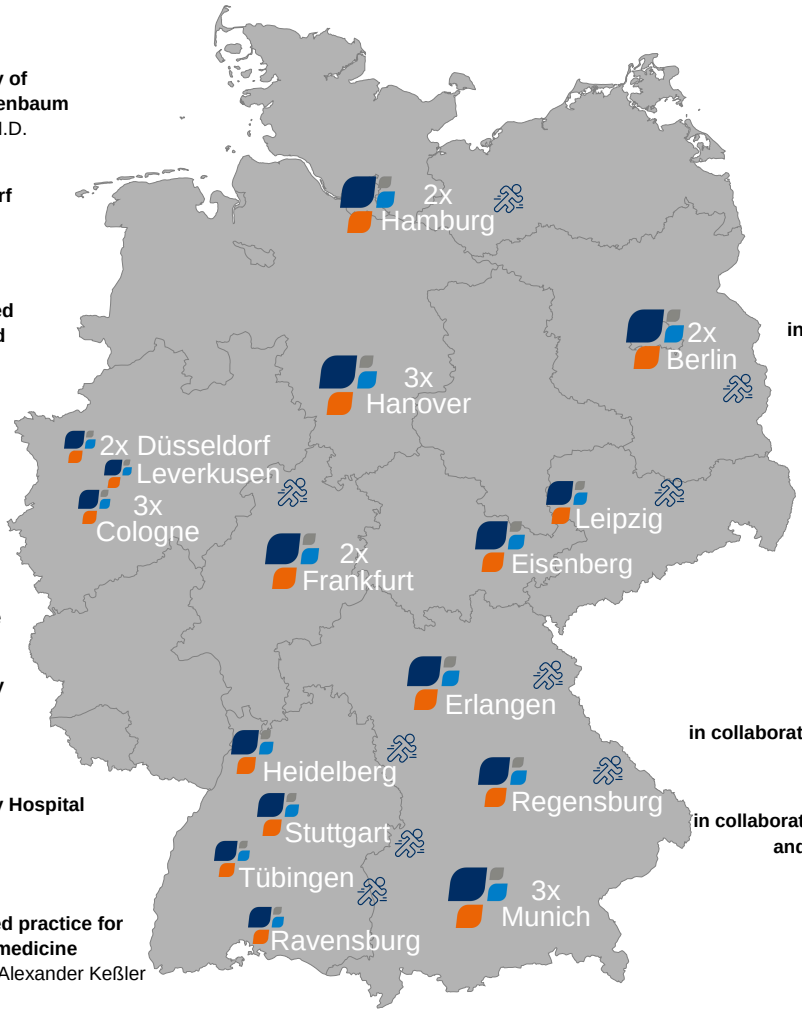
Cologne 1
in collaboration with the German Sport University Cologne
Prof. Dr. Hans-Georg Predel

Heidelberg
in collaboration with Heidelberg University Hospital
Prof. Dr. med. Birgit Friedmann-Bette

Stuttgart
in collaboration with the University Hospital Stuttgart
Prof. Dr. Heiko Striegel, M.D.

Tübingen
in collaboration with the University Hospital Tübingen
Prof. Dr. med. Andreas Nieß

Ravensburg
in collaboration with the specialized practice for internal medicine and emergency medicine
Dr. med. Markus Fischer & Dr. med. Alexander Keßler



Berlin
in collaboration with the Institute of Sports Science at Charité – Humboldt University Berlin
Professor Dr. med. Bernd Wolfarth

Hanover
in collaboration with the Hannover Medical School
Prof. Dr. med. Uwe Tegtbur

Leipzig
in collaboration with the Institute for Sports Medicine and Prevention at the University of Leipzig
Prof. Dr. Martin Busse

Eisenberg
in collaboration with the Waldkliniken Eisenberg
Dr. med. Antje Meixner
Dr. Yvonne Böhme

Frankfurt am Main
in collaboration with Goethe University Frankfurt
Prof. Dr. Winfried Banzer, M.D.

Erlangen
in collaboration with the University of Erlangen
Prof. Dr. Matthias Lochmann

Regensburg
in collaboration with the Institute for Prevention and Sports Medicine (IPS) Regensburg
Dr. med. Frank Möckel

Munich
in collaboration with the Technical University of Munich
Prof. Dr. Martin Halle, M.D.

CorporateHealth
die Gesundheits Company

CorporateHealth offers an all-round service for managers and employees Check-ups, prevention programs and a comprehensive analysis of personal health risks including professional advice.

CONTACT

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OPENING HOURS

Booking hotline
daily 8.00 - 18.00

DGSP
Deutsche Gesellschaft für Sportmedizin und Prävention - Deutscher Sportärztebund

With the check-ups, you benefit from certified, quality-assured diagnostics according to the strict specifications of the German Society for Sports Medicine and Prevention.